

Recycle This!

Horry County Solid Waste Authority's Newsletter to Read & Recycle

Cooking GREEN, Saving Green

Going "green" is not limited to recycling and waste reduction. Protecting natural resources, reducing our carbon footprint and saving energy are all ways to go green. With a few minimal changes, your cooking can also "go green". A slow-cooker uses a small amount of electricity because of its low wattage, which is usually 75-100 watts. It can cost just 20 cents from the electric company to operate a slow cooker for 10 hours. However, if you roast beef for 2 hours in the oven instead, you would spend \$2.50 because the oven uses as much as 7500 watts. Plus, every time you open the oven to peek, it loses energy and has to use additional energy to bring the oven back up to the original temperature. Green cooking may help you save energy and save money at home. Try shopping for local produce at Farmer's Markets and roadside stands. Not only do you support local farmers livelihoods, but you may even save some money. Check out these helpful tips!

Green Cooking Tips

- Use a Slow-Cooker (instead of the oven)
- Buy Local Produce
- Buy in Bulk and Cook in Bulk (freeze extras)
- Use Microwave (instead of the oven)
- Glass/ceramic cookware retain heat better than metal
- Use the Outdoor Grill (instead of the oven)
- Prepare ingredients before turning on stove, oven
- Convection ovens consume 1/3 less energy than standard



Summertime Recycling

Bar-B-Q's, baseball games, pool parties, boating adventures and concerts are all outdoor activities that let us know that summer time is here! Don't take a vacation from recycling during the summer; incorporate it into your fun! Outdoor events generate great amounts of waste. Paper, cardboard, glass, metal, plastic bottles and jugs can all be recycled! Think Green while having fun! If hosting a summer activity, place recycling containers near trash receptacles for your guests. If visiting a venue for sports or music, contact the facility to ask if recycling is available. If its not, bring your own recycling bag to the event and then visit one of the 24 recycling convenience centers offered by the Horry County Solid Waste Authority to bring your recyclables. For large events, the Horry County Solid Waste Authority offers a Event Recycling program, which supplies recycling containers to events. For more

information on our Event Recycling Program, please contact Public Education at 843-347-1651.



2009 Horry County Recycling Students of the Year, Heather Edwards and Erin Black, celebrate their titles in front of the Event Recycling trailer.

Reduce, Reuse and Deconstruction



Habitat for Humanity of Horry County has given the 3Rs a new meaning. If you're remodeling or demolishing your home, Habitat may be able to help. They have initiated a Deconstruction Program in Horry County as a way to reuse valuable building materials and fixtures. The program **reduces** the amount of material discarded in

landfills, **reuses** good building materials and fixtures and sells them in the ReStore in Myrtle Beach and **recycles** unusable materials such as appliances and wood cabinets. The program is a great way for people to purchase salvaged building supplies while helping homeowners save money in deconstruction costs.

Habitat Deconstruction Program Information

What items are available?

Kitchen: cabinets, countertops, appliances
Bathroom: toilets, sinks, vanities, tubs, faucets, fixtures
Light Fixtures (indoor and outdoor)
HVAC units and Water Heaters
Flooring, Paneling, Trim, Moulding and more.

What is the fee and the process?

There is no fee for Habitat to come out for deconstruction, it is completely free of charge! Habitat will do a walk-thru with the client first to determine if there is anything to resell in the ReStore, then they schedule another time to do the deconstruction. The process may take about a week depending on the amount of material.

Contact Information:

Habitat for Humanity of Horry County
1519 Executive Avenue, Myrtle Beach, SC
Main Office and ReStore: (843) 626-5577
Deconstruction Program: (843) 916-8815 Ext. 26

Calendar

June 8 - Sun Fun Kids Fair, Fuller Park in Surfside Beach, 4pm-7pm

Enjoy free games, food and fun for all ages at the Sun Fun Kids Fair. Call Town of Surfside at (843) 913-6111 for details.

June 24 - Take Action Workshop

Free recycling and waste reduction workshop for teachers and educators held in Columbia, SC. Free transportation by the SWA. Call SC DHEC at (800) 768-7348 for more information.

August 5 and 7 - Green is Good at the Children's Museum of SC

11:30am - August 5 - create recycled art and learn about recycling.
1:00pm - August 7 - create recycled art and learn about recycling.
Call the Children's Museum of SC (843) 946-9469 for details.

Recycling Travel Tips

Recycling can be a challenge at home, but it is especially challenging while traveling. Each town, county and/or state offers different recycling programs/options. Just because you don't see a recycling bin next to a trash can does not mean "those people" don't recycle. Don't give up! If you don't wish to haul all your bottles, cans and cardboard home with you, we recommend doing a little research about your travel spot. Start with the local county government and ask them where you can recycle.

Recycling Travel Information

Keep these numbers handy in case you wish to recycle while visiting another area this summer. Find a recycling center near your vacation spot.

SC Recycling (800) 768-7348

NC Recycling (800) 763-0136

GA Recycling (404) 634-3095

Everywhere else: www.earth911.com



The Horry County Solid Waste Authority provides a fully integrated solid waste management system, which includes landfill management, public education, state-of-the-art technology, and recycling programs. For free facility tours and more information, please contact us!



(843) 347-1651

info@SolidWasteAuthority.org

www.SolidWasteAuthority.org